SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY SAULT STE. MARIE, ONTARIO



COURSE OUTLINE

COURSE TITLE: OUTDOOR RECREATION

CODE NO.: NRT210-3 SEMESTER: 4

PROGRAM: PARKS & OUTDOOR RECREATION TECHNICIAN

AUTHOR: JASON VANSLACK

DATE: JAN 2002 **PREVIOUS OUTLINE DATED**: JAN

2001

APPROVED:

DEAN DATE

TOTAL CREDITS: 3

PREREQUISITE(S): NONE

LENGTH OF 3 hrs\week x 16

COURSE: weeks TOTAL CREDIT HOURS: 3

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(705) 759-2554, Ext. 688

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I. COURSE DESCRIPTION:

As a companion course to Adventure Expeditions (NRT214), students will learn selected "hard skills" necessary to work in the outdoor recreation field. The semester will involve a series of outdoor education workshops focussed on expanding student knowledge of outdoor recreational programming for both children and adult groups. This is a specific skillsoriented course, where students will be trained to work as outdoor recreation programmers and instructors, for work with a variety of different employers including: parks, outdoor education centers, children's camps, recreational resorts, and a host of other related facilities. As one of the major course projects, students will plan and deliver a 1 ½ hour campfire program for the local Girl Guides Organization. Field trips and hands-on experience focussing on experiential learning will be stressed. Topics may include: employment opportunities in outdoor recreation, children's campfire programming, experiential education, team building games and initiatives, dog sledding (depending on resources), snow mobiling, snow shoeing, winter camping, nordic skiing, alpine skiing, snowboarding, rock & ice climbing, horseback riding, and canoeing. As part of this course, students will receive training that will assist them in acquiring their ORCA Lakewater Level I Canoeing certification, through the Ontario Recreational Canoeing Association.

II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

Upon successful completion of this course, the student will demonstrate the ability to:

1. Plan and deliver formal campfire programs for children and family audiences.

Potential Elements of the Performance:

- Understand and explain the basic structure of a typical campfire program
- Develop and deliver a 1 1\2 hour presentation for a group of 20 to 30 Girl Guides
- Describe the various types of games and activities commonly associated with this type of programming
- Explain and demonstrate the importance of enthusiasm, creativity, and good oral communication when entertaining such groups

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2. Explain typical sources of employment within the outdoor recreation field.

Potential Elements of the Performance:

- Describe the various types of positions within Ontario's children's camps and other outdoor facilities, and the qualifications required for each of these different positions
- Explain the different opportunities available for recreation business development, in working as a provider of instructional courses
- Describe the typical senior certifications required for Recreational Instructors, and the liability coverage one should hold for conducting certification courses

3. Describe, from experience, the variety of winter opportunities for outdoor recreational programming.

Potential Elements of the Performance:

- Explain the major operational components of three local ski resorts, and the different types of activities that can occur at these facilities
- Demonstrate a number of newly acquired skills learned throughout this course, such as: nordic skiing, alpine skiing, and snowboarding
- Describe how outdoor recreational programming fits into the adventure tourism business

4. Demonstrate knowledge and skill in canoeing consistant with the ORCA Lakewater Level I certification program.

Potential Elements of the Performance:

- Describe and demonstrate safe paddling procedures, such as: artificial respiration, retrieving a swamped canoe, canoe over canoe rescue, and shoreline rescues
- Explain basic theoretical knowledge of canoeing in Canada, such as: canoeing heritage, selection and care of equipment, equipment knowledge, canoe design and construction, and canoeing dynamics
- Display reasonable competence in tandem and solo canoe paddling, performing skills such as: pivots, sidewards displacement, circles, and landings

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III. TOPICS:

- 1. Introduction to Outdoor Recreation
- 2. Employment Opportunities in Outdoor Recreation
- 3. Children's Campfire Programming
- 4. Experiential Education
- 5. Team Building Games and Initiatives
- 6. Dog Sledding (depending on department resources)
- 7. Snowmobiling
- 8. Snowshoeing
- 9. Winter Camping
- 10. Nordic Skiing
- 11. Alpine Skiing
- 12. Snow Boarding
- 13. Rock & Ice Climbing
- 14. Horseback Riding
- 15. Lakewater Canoeing

IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

Entrance fees and equipment rentals for specialized activities conducted on field trip.

V. EVALUATION PROCESS/GRADING SYSTEM:

Mandatory Work Placement (16 hours +)	
Group Team Building Initiatives Assignment	
Children's Campfire Program (Group Presentation - 1½ hours)	
Field Trip \ Guest Speaker Quizzes (6 x 5%)	
Class Presentation #1: ORCA Canoeing Theory	
Class Presentation #2: ORCA Canoeing Skills	<u>10%</u>

100% Total

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		Grade Point
<u>Grade</u>	<u>Definition</u>	<u>Equivalent</u>
A+	90 - 100%	4.00
Α	80 - 89%	3.75
В	70 - 79%	3.00
С	60 - 69%	2.00
R (Repeat)	59% or below	0.00
CR (Credit)	Credit for diploma requirements has been	
	awarded.	
S	Satisfactory achievement in field	
	placement or non-graded subject areas.	
U	Unsatisfactory achievement in field	
	placement or non-graded subject areas.	
X	A temporary grade. This is used in	
	limited situations with extenuating	
	circumstances giving a student additional	
	time to complete the requirements for a	
	course (see Policies & Procedures	
	Manual – Deferred Grades and Make-up).	
NR	Grade not reported to Registrar's office.	
	This is used to facilitate transcript	
	preparation when, for extenuating	
	circumstances, it has been impossible for	
	the faculty member to report grades.	

VI. **SPECIAL NOTES:**

Special Needs:

If you are a student with special needs (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), you are encouraged to discuss required accommodations with your instructor and/or the Special Needs office. Visit Room E1204 or call Extension 493, 717, or 491 so that support services can be arranged for you.

Retention of course outlines:

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other postsecondary institutions.

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<u>Plagiarism</u>

Students should refer to the definition of "academic dishonesty" in *Student Rights and Responsibilities*. Students who engage in "academic dishonesty" will receive an automatic failure for that submission and/or such other penalty, up to and including expulsion from the course, as may be decided by the professor. In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, it is the policy of the department to employ a documentation format for referencing source material.

The Professor reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.

Substitute course information is available in the Registrar's office.

Course Policies:

- All field trips occurring during this course are *mandatory*. Students missing a field trip without prior consent of the instructor or without good reason will be *penalized 5%* of their overall course mark per trip, above and beyond their missed 5% quiz. (ie: Minus 5% for missed quiz + 5% penalty = 10% deducted total).
- 2. Students will perform a mandatory work placement of 2 days in length (16 hours) or more in the outdoor recreation industry, working as an Assistant Outdoor Recreation Programmer or Instructor for a local business or facility. Students wishing to put in additional hours in this mandatory work placement are encouraged to do so. Those that do not complete this placement will be penalized 10% of their overall course mark.

VII. PRIOR LEARNING ASSESSMENT:

Students who wish to apply for advanced credit in the course should consult the instructor. Credit for prior learning will be given upon successful completion of the following:

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VIII. DIRECT CREDIT TRANSFERS:

Students who wish to apply for direct credit transfer (advanced standing) should obtain a direct credit transfer form from the Dean's secretary. Students will be required to provide a transcript and course outline related to the course in question.